



Team Captain Information

- **No talent? No passion for basketball? No problem!**
This isn't about basketball—it's about helping patients and their families.
- **Sigh of relief...being a Team Captain requires very little time and effort!**
We understand your busy schedule, so Free Throws for Kids (FTFK) makes it simple.
- **Your main responsibility as a Team Captain** is to 'Start a Team' by visiting www.FTFK.org. Then, form a team of 3–9 people (including yourself) by simply sharing your team page via email or text with friends, co-workers, and/or neighbors. **FTFK takes care of the rest!**
- **At the event, your team will collectively shoot 500 free throws.**
For example, if your team has 10 people, each member shoots 50 free throws.
- **Your team needs to raise at least \$1,250.**
This may sound like a lot at first, but don't stress—last year, the average team raised \$1,770! With 10 people on your team, that's just \$125 per person. You'll be surprised by the generosity and support for our mission.
- **FTFK provides a team website** where donations can be made directly to your team online. We've made it **VERY simple and easy!**
- **You also have the option of having FTFK mail you a fundraising packet.**
This includes donation letters, cards, and envelopes that you can send to friends, family, or colleagues to start raising money. Every team member will have access to this option as well.
- **All donation cards and checks are sent directly to FTFK.**
As a Team Captain, you won't need to collect money from individual members.
- **FTFK will email weekly updates** (once things get going) to guide you and your team through the process and provide important event information.
- **Overall Timeline:**
 - **January 31** Team Captain registration deadline
 - **February 17** Have your team assembled (4-10 people, including you)
 - **February 19** Start fundraising
 - **March 14** \$750 due per team
 - **March 21** \$1,000 due per team
 - **April 5** \$1,250 due per team & **Free Throw for Kids Event** at Lakota West High School